

2017

October

Colleyville Senior Center Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
25	26	27	28	29	30	01 Center Closed
02 Center Closed Noon - Candlelight Yin Yoga 'Plus'	03 9a - Jazzercise 9a - Tai Chi 10a - Jam Session 11a - Yoga 1p - Duplicate Bridge 5p - Supper Social & "42" & Euchre 6p - Heartfulness Meditation	04 8:30a - Strength 45 9:30a - Social Bridge 10a - Genealogy 10:30a - Tap Dancing Noon - Beginner Line Dancing 1p - Intermediate Line Dancing 2p - Choralaires	05 9a - Jazzercise 9a - Scrapbooking 11a - Yoga Noon - Tai Chi 1p - Duplicate Bridge	06 9a - "84" & "42" 9:30a - Social Bridge & Mah Jongg	07 Center Closed 9:45a - Gentle Stretch Yoga	08 Center Closed 2p - Restorative Yin & Yoga Nidra
09 Center Closed	10 9a - Jazzercise 9a - Tai Chi 11a - Yoga 1p - Duplicate Bridge 5p - Supper Social & "42" & Euchre 6p - Heartfulness Meditation	11 8:30a - Strength 45 9:30a - Social Bridge 10:30a - Tap Dancing Noon - Beginner Line Dancing 1p - Intermediate Line Dancing 2p - Choralaires	12 8:30a - State Fair of Texas 9a - Jazzercise 11a - Yoga Noon - Tai Chi 1p - Duplicate Bridge	13 9a - "84" & "42" 9:30a - Social Bridge & Mah Jongg Noon - Metroport Meals on Wheels	14 Center Closed 9:45a - Gentle Stretch Yoga	15 Center Closed
16 Center Closed	17 9a - Jazzercise 9a - Tai Chi 10a - Jam Session 11a - Yoga 1p - Duplicate Bridge 5p - Supper Social & "42" & Euchre 6p - Heartfulness Meditation	18 8:30a - Strength 45 9:30a - Social Bridge & Breakfast-in-a-bag 10:30a - Tap Dancing Noon - Beginner Line Dancing 1p - Intermediate Line Dancing 2p - Choralaires	19 9a - Jazzercise 9a - Scrapbooking 11a - Yoga Noon - Tai Chi 1p - Duplicate Bridge 7:15p - Halloween Dance Party	20 9a - "84" & "42" 9:30a - Social Bridge & Mah Jongg Noon - Metroport Meals on Wheels	21 Center Closed 9:45a - Gentle Stretch Yoga	22 Center Closed
23 Center Closed	24 9a - Jazzercise 9a - Tai Chi 11a - Yoga 1p - Duplicate Bridge 5p - Supper Social & "42" & Euchre 6p - Heartfulness Meditation	25 8a - Winstar 8:30a - Strength 45 9:30a - Social Bridge 10:30a - Tap Dancing Noon - Beginner Line Dancing 1p - Intermediate Line Dancing 2p - Choralaires	26 9a - Jazzercise 11a - Yoga Noon - Tai Chi 1p - Duplicate Bridge	27 9a - "84" & "42" 9:30a - Social Bridge & Mah Jongg 11:30a - Lunch & Learn: North Texas Specialty Physicians - Medicare 101	28 Center Closed 9:45a - Gentle Stretch Yoga	29
30 Center Closed	31 9a - Jazzercise 9a - Tai Chi 1p - Duplicate Bridge 5p - Supper Social & "42" & Euchre 6p - Heartfulness Meditation	NOTES Green activities require additional fees.				