

Colleyville Senior Center Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
28	29	30	01 9a - Scrapbooking 11a - Yoga Noon - Tai Chi 1p - Duplicate Bridge 5:30p - Heartfulness Meditation Workshop 7p - Ballroom Dance	02 9a - "84" & "42" 9:30a - Social Bridge & Mah Jongg Noon - Metroport Meals on Wheels: Meatloaf	03 Center Closed 9:45a - Gentle Stretch Yoga	04 Center Closed
05 Center Closed 11a - Dancing River Tour 5p - Holiday Party Registration Deadline	06 9a - Jazzercise 9a - Tai Chi 10a - Jam Session 11a - Yoga 1p - Duplicate Bridge 5p - Supper Social & "42" & Euchre	07 8:30a - Strength 45 9:30a - Social Bridge 10a - Genealogy Noon - Beginner Line Dancing 1p - Intermediate Line Dancing 2p - Choralaires	08 9a - Jazzercise 11a - Yoga Noon - Tai Chi 1p - Duplicate Bridge 5:30p - Heartfulness Meditation Workshop 7p - Ballroom Dance	09 9a - "84" & "42" 9:30a - Social Bridge & Mah Jongg 11:30a - Lunch & Learn: Back in Motion Chiropractic	10 Center Closed 9:45a - Gentle Stretch Yoga	11 Center Closed
12 Center Closed 10a - ICE! Trip	13 9a - Jazzercise 9a - Tai Chi 11a - Yoga 1p - Duplicate Bridge 5p - Supper Social & "42" & Euchre	14 8:30a - Strength 45 9:30a - Social Bridge 10a - Choralaires Noon - Beginner Line Dancing 1p - Intermediate Line Dancing 6p - Holiday Party	15 9a - Jazzercise 9a - Scrapbooking Noon - Tai Chi 1p - Duplicate Bridge 5:30p - Heartfulness Meditation Workshop 7p - Ballroom Dance	16 9a - "84" & "42" 9:30a - Social Bridge & Mah Jongg Noon - Metroport Meals on Wheels: Ham	17 Center Closed	18 Center Closed
19 Center Closed	20 9a - Jazzercise 9a - Tai Chi 10a - Jam Session 1p - Duplicate Bridge 5p - Supper Social & "42" & Euchre	21 8:30a - Strength 45 9:30a - Social Bridge & Breakfast-in-a-bag Noon - Beginner Line Dancing 1p - Intermediate Line Dancing	22 9a - Jazzercise Noon - Tai Chi 1p - Duplicate Bridge 5:30p - Heartfulness Meditation Workshop 7p - Ballroom Dance	23 Center Closed	24 Center Closed	25 Center Closed
26 Center Closed	27 9a - Tai Chi 1p - Duplicate Bridge 5p - Supper Social & "42" & Euchre	28 8a - Winstar 9:30a - Social Bridge Noon - Beginner Line Dancing 1p - Intermediate Line Dancing	29 Noon - Tai Chi 1p - Duplicate Bridge 5:30p - Heartfulness Meditation Workshop 7p - Ballroom Dance	30 9a - "84" & "42" 9:30a - Social Bridge & Mah Jongg 11:30a - Lunch & Learn: Woodridge Health & Rehabilitation	31 Center Closed	01
02	03	NOTES Green activities require additional fees.				